

Western Maryland Aikikai

Fall 2014 seminar

presenting Bill Plank and Fred Richards



Bill Plank

rokudan — sixth degree black belt —
Hombu-certified shidoin instructor

Sensei Plank is Chief instructor
of Capital Aikikai

Bill has been training with
Takeguchi Sensei since 1981.
He is also chief instructor of the
Jackson Hole Aikikai, Jackson, Wyoming

Fred Richards

4th Dan, Capital Aikikai

Fred is a regular instructor at Capital Aikikai. Known for his “Smooth Fred” ukemi, Richards Sensei brings a unique sense of connection to his instruction.

November 8, 2014

Registration begins at Noon
training from 1 – 5PM

Fee: \$50.00

Dinner plans TBD

