

Western Maryland Aikikai's 15th Annual Aikido on the Beach!



Featuring

Sensei Russ Bodner

Kyoshi – Katori Shinto Ryu (Sugawara Budo)

4th Dan, Aikido (Sugawara Sensei)

Owner/Operator: Westwind Center for Aikido and Katori Shinto Ryu

Join us at North Carolina's Outer Banks for a weekend of weapons training!

When: October 9, 10 & 11, Travel Days Oct 8 and Oct 12 (Columbus Day)
Training on Friday, Saturday, Sunday (morning & afternoon sessions)
Rain or Shine, Hurricanes too!

Where: North Carolina's Outer Banks
614 Schooner Ridge & the place next door, Section E – Ocean Sands
Corolla, NC 27927 Russ cell (240) 876-4504

What's the deal? \$225.00 per head: covers up to four nights' lodging in one of two beach homes (Thurs – Sun), three training days, and all meals. Staples: water, bread, milk, butter, eggs, etc. will also be stocked in each house. Please bring your own favorite beverage.

What to bring? Your Gi, your practice weapons, your bathing suit, bath & beach towels, this form and your fee. Did we mention your favorite Beverage??

Who to Contact? RSVP by September 30, 2019 via e-mail to Russ russell.e.reese@gmail.com



With my signature below, I hereby register for an Aikido seminar sponsored by Western Maryland Aikikai, Inc. in full knowledge that in so doing I am voluntarily undertaking to participate in a set of martial arts classes. I am aware that such classes are inherently risky and I volunteer to assume that risk. I hereby release and discharge Western Maryland Aikikai, Inc. and its successors, assigns, agents, instructors, trustees, officers, members, guests, and seminar instructors (WMA and WMA-invited guest instructors) from all claims, demands, actions, judgments, and executions, which the undersigned has or may have in the future, or which the undersigned's heirs, executors, administrators or assigns may have against WMA or WMA-invited guest instructors for all personal injuries, known or unknown, and injuries to property real or personal caused by or arising out of the Aikido seminar sponsored by Western Maryland Aikikai, Inc. October 8-12, 2020, which are incidental and necessary thereto.

Print Name: _____ Signature: _____

Dojo: _____ Amount Paid: _____

Email Address: _____

Please bring this form with you to NC